



Lifeline's

Stress Down Day



Dress to stress less!

Friday 22 July



Have fun, stress less
and feel better!

On Friday 22nd July, we're:

- Wearing our slippers
- Dressing up
- Dressing down
- Other

For more information contact:



Only
\$25

Buy a pair of slippers to support Lifeline
or make a \$5 donation or whatever you can.

Buy slippers or register at stressdown.org.au

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REMEDY**